

Res. Asst. TANSU BİRİNCİ

Personal Information

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Education Information

Doctorate, İstanbul Üniversitesi-Cerrahpaşa, Lisansüstü Eğitim Enstitüsü, Fizyoterapi Ve Rehabilitasyon Anabilim Dalı, Turkey 2017 - Continues

Post Graduate, İstanbul Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizyoterapi Ve Rehabilitasyon Anabilim Dalı, Turkey 2015 - 2017

Under Graduate, Yeditepe Üniversitesi, Sağlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, Turkey 2010 - 2014

Foreign Languages

English, B2 Upper Intermediate

Dissertations

Post Graduate, Dirsek eklem limitasyonunda proprioseptif nöromusküler fasilasyon temelli germe ve statik germenin eklem hareket açıklığı, ağrı ve fonksiyona etkisi, İstanbul Üniversitesi, Sağlık Bilimleri Enstitüsü, Fizyoterapi Ve Rehabilitasyon Anabilim Dalı, 2017

Research Areas

Health Sciences

Academic Titles / Tasks

Research Assistant, İstanbul Medeniyet Üniversitesi, Faculty of Health Sciences , Fizyoterapi Ve Rehabilitasyon Bölümü, 2018 - Continues

Research Assistant, İstanbul Üniversitesi, Sağlık Bilimleri Fakültesi, Fizyoterapi Ve Rehabilitasyon Bölümü, 2015 - 2018

Research Assistant, İstanbul Medeniyet Üniversitesi, Faculty of Health Sciences , Fizyoterapi Ve Rehabilitasyon Bölümü, 2014 - 2015

Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

1. Musculoskeletal pain and its relation to individual and work-related factors: a cross-sectional study

among Turkish office workers who work using computers

Aytutuldu G. K. , BİRİNCİ T., TARAKCI E.

INTERNATIONAL JOURNAL OF OCCUPATIONAL SAFETY AND ERGONOMICS, 2020 (Journal Indexed in SSCI)

- II. **Comparison of Three Manual Therapy Techniques as Trigger Point Therapy for Chronic Nonspecific Low Back Pain: A Randomized Controlled Pilot Trial**
Dayanir I. O. , BİRİNCİ T., KAYA MUTLU E., Akcetin M. A. , Akdemir A. O.
JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE, vol.26, pp.291-299, 2020 (Journal Indexed in SCI)
- III. **The Reliability and Validity of the Turkish Version of the Survey of Activities and Fear of Falling in the Elderly.**
Ersoz Huseyinsinoglu B., Tufekcioglu Z., Birinci T., Demirdag F.
Journal of geriatric physical therapy (2001), 2020 (Journal Indexed in SCI Expanded)
- IV. **Stretching exercises combined with ischemic compression in pectoralis minor muscle with latent trigger points: A single-blind, randomized, controlled pilot trial**
Birinci T., MUSTAFAOĞLU R., KAYA MUTLU E., RAZAK ÖZDİNÇLER A.
COMPLEMENTARY THERAPIES IN CLINICAL PRACTICE, vol.38, 2020 (Journal Indexed in SCI)
- V. **Chest Wall Mobility: Identification of Underlying Predictors.**
Mustafaoğlu R., Birinci T., Mutlu E. K. , Ozdincler A. R.
Journal of manipulative and physiological therapeutics, vol.43, pp.891-900, 2020 (Journal Indexed in SCI Expanded)
- VI. **A structured exercise programme combined with proprioceptive neuromuscular facilitation stretching or static stretching in posttraumatic stiffness of the elbow: a randomized controlled trial.**
Birinci T., Razak O., ALTUN S. S. , KURAL C.
Clinical rehabilitation, vol.33, pp.241-252, 2019 (Journal Indexed in SCI Expanded)
- VII. **The effectiveness of trigger point treatment in rotator cuff pathology: A randomized controlled double-blind study**
Akbaba Y. A. , Mutlu E. K. , Altun S., TÜRKMEN E., BİRİNCİ T., Celik D.
JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, vol.32, pp.519-527, 2019 (Journal Indexed in SCI)
- VIII. **Relationship between the mobility of medial longitudinal arch and postural control.**
Birinci T., DEMIRBAS S.
Acta orthopaedica et traumatologica turcica, vol.51, pp.233-237, 2017 (Journal Indexed in SCI Expanded)
- IX. **Does Kinesio Taping of the Knee Improve Pain and Functionality in Patients with Knee Osteoarthritis?: A Randomized Controlled Clinical Trial.**
Kaya M., MUSTAFAOĞLU R., Birinci T., Razak O.
American journal of physical medicine & rehabilitation, vol.96, pp.25-33, 2017 (Journal Indexed in SCI Expanded)
- X. **Applications of Platelet-Rich Plasma in Lymphedema.**
AKGÜL A., CIRAK M., Birinci T.
Lymphatic research and biology, vol.14, pp.206-209, 2016 (Journal Indexed in SCI Expanded)
- XI. **Latent Trigger Points: What Are the Underlying Predictors?**
Kaya M., Birinci T., DIZDAR G., OZDINCLER A.
Archives of physical medicine and rehabilitation, vol.97, pp.1533-1541, 2016 (Journal Indexed in SCI Expanded)

Articles Published in Other Journals

- I. **RELATIONSHIP BETWEEN ALEXITHYMIA AND MUSCULOSKELETAL PAIN, JOB STRESS, JOB AND LIFE SATISFACTION IN YOUNG ACADEMICIANS WORKING IN THE FIELD OF HEALTH SCIENCES**
BİRİNCİ T., Tosun Aydin G., Ucgul M. S. , Yeldan I.
TURKISH JOURNAL OF PHYSIOTHERAPY REHABILITATION-TURK FIZYOTERAPI VE REHABILITASYON DERGISI, vol.30, pp.126-135, 2019 (Journal Indexed in ESCI)

Memberships / Tasks in Scientific Organizations

Member, 2015 - Continues

Citations

Total Citations (WOS):46

h-index (WOS):4