

## Lect. HATİCE KÜBRA GÜZELDERE

### Personal Information

**Office Phone:** [+90 216 280 3333](tel:+902162803333) Extension: 4150

**Email:** [haticekubra.guzeldere@medeniyet.edu.tr](mailto:haticekubra.guzeldere@medeniyet.edu.tr)

**Web:** <https://avesis.medeniyet.edu.tr/haticekubra.guzeldere>

**Address:** Atalar Mh. Şehit Hakan KURBAN Cd. 34862. Kartal / Cevizli A Blok No: 113

### Education Information

Doctorate, Istanbul Medipol University, Institute Of Health Sciences, Beslenme Ve Diyetetik, Turkey 2016 - 2021

Undergraduate Double Major, Istanbul Medipol University, Faculty Of Pharmacy, Eczacılık, Turkey 2013 - 2019

Postgraduate, Istanbul Medipol University, Institute Of Health Sciences, Beslenme Ve Diyetetik, Turkey 2014 - 2016

Undergraduate, Istanbul Medipol University, Faculty Of Health Sciences, Beslenme Ve Diyetetik, Turkey 2011 - 2015

### Dissertations

Doctorate, Yaslanmada beslenme alışkanlığı ile telomer uzunluğu ve adrenomedullin düzeyleri arasındaki ilişki, Istanbul Medipol University, Institute Of Health Sciences, 2021

Postgraduate, Türkiye'de geleneksel olarak zayıflama amacıyla tüketilen biberiye, papatya, mısır püskülü, maydanoz ve ceviz yaprağı bitkilerinin sıçanlarda kan şekeri, kan lipid profili ve vücut ağırlığı üzerine etkisinin incelenmesi, Istanbul Medipol Üniversitesi, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik, 2016

### Research Areas

Medicine, Health Sciences, Nursing, Nutrition and Dietetics

### Academic Titles / Tasks

Lecturer, Istanbul Medipol University, Academy Of Health Sciences, Beslenme Ve Diyetetik, 2017 - 2018

Research Assistant, Istanbul Medipol University, Academy Of Health Sciences, Beslenme Ve Diyetetik, 2016 - 2017

### Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- The Association Between Body Mass Index, Emotional Eating and Perceived Stress during COVID-19 Partial Quarantine in Healthy Adults**  
Barcın-Güzeldere H. K. , Devrim-Lanpir A.  
PUBLIC HEALTH NUTRITION, vol.25, no.1, pp.43-50, 2022 (Journal Indexed in SCI)

### Articles Published in Other Journals

- The Effect of Chamomile Extract on Blood Sugar Level, Lipid Profile and Body Weight in High-Fat Diet Fed Rats**

Barcin-Güzeldere H. K. , Büyüksulu N., İduğ T.

Acta Pharmaceutica Scientia, vol.60, no.2, pp.203-212, 2022 (Refereed Journals of Other Institutions)

**II. Anthropometric measurements and food consumption analysis of older people according to place of residence and gender: A cross-sectional study**

GÜZELDERE H. K. , Aksoy M.

CLINICAL NUTRITION ESPEN, vol.45, pp.236-244, 2021 (Journal Indexed in ESCI)

## **Citations**

Total Citations (WOS):3

h-index (WOS):1